

Positive and Proactive Care: reducing the need for restrictive interventions

An RCN Regional Event in the North West (Arbury Court, Warrington)
in association with the RCN Forensic Nursing Steering Group

Thursday 9 October 2014

- 09.30 Registration and Coffee
- 09:50 **Welcome and introduction**
Mags Gallagher, Hospital Director, PiC Kemple View
- 09:55 **Setting the scene around restrictive practice and the DH policy framework**
Ian Hulatt, RCN Mental Health Adviser
- 10.30 **Service user perspectives**
Ian Callaghan, National Service User lead, Recovery and Outcomes
- 10.45 **A Force Free Future: the impossible dream?**
Ian Hulatt, RCN Mental Health Adviser
- 11.10 Coffee break
- 11.30 **The importance of staff wellbeing**
Claire Lamza, Lead Nurse, Mental Health, NHS Forth Valley and Annette Duff, Nurse Consultant, Cognitive Behaviour Psychotherapist, Approved Clinician, Norfolk and Suffolk Foundation NHS Trust
- 12:00 **The use of restrictive practice across healthcare settings**
Dr Kasmi, Consultant Forensic Psychiatrist, The Spinney
- 12.20 Questions from the audience
- 12.30 Lunch and networking
- 13:30 **Workshops**
- i. **TMVA Care Planning and least restrictive practice** - Donna Mead, Charge Nurse, The Spinney (Room: The Spinney)
 - ii. **How can clinical supervision positively influence least restrictive practices?** Collette Duffy, Clinical Nurse Manager and Cynthia Marimo, Ward Manager, The Spinney (Room: Oaktree)
 - iii. **Trauma Informed Care : Supporting Staff to be Proactive in Restrictive Environments** - Dr Frank McGuire (Consultant Clinical Psychologist) and Mr Danny Angus (Team Manager for the Positive Intervention Programme), Mersey Care NHS Trust Secure Division (Room: Lecture Theatre)
- 14:30 **The Power of Positive Employment Relations**
Clare Jacobs, RCN Employment Relations Adviser
- 15.30 Close